### Lunch October 2018

Fresh fruits, salad,
vegetables and milk
are served every
day.

Desserts are an added surprise some days of the week.

Lunch is subject to change without notice.

Mon
1
Corn Dog, Crinkle Cut Fries, Fruit and Vegetable, Dessert
8 Chicken Breast Strips, Mac and Cheese, Fruit and Vegetable

15 Beef and Cheese Nachos, Lettuce, Salsa, Fruit and Vegetable

Cheese Pizza, Lettuce, Fruit and Vegetable

22

29 Chicken Breast Strips, Mashed Potatoes, Fruit and Vegetable

# Tue 2 Ham and Cheese Sandwich, Chicken Noodle Soup, Fruit

and Vegetable

9
Hot Dog, Sun
Chips, Baked
Beans, Fruit and
Vegetable

16

23

Waffles, Cheese Omelet, Yogurt, Fruit and Vegetable

Sloppy Joe, Potato Emoji's, Fruit and Vegetable

30
French Toast
Sticks, Sausage
Links, Yogurt, Fruit
and Vegetable

#### Wed

Chicken Giggles, Tritater, Fruit and Vegetable

10
Italian Dunker with

Marinara Sauce, Fruit and Vegetable

17 Spaghetti and Meatballs, Garlic Bread, Fruit and Vegetable

24
Grilled Cheese
Sandwich, Tomato
Soup, Goldfish
Crackers, Fruit and

31 Hamburger, Sun Chips, Baked Beans, Fruit and Vegetable

#### Fri

Cheese Pizza, C Lettuce, Fruit and Vegetable

11
Chicken Noodle
Soup, Crackers,
PBJ Uncrustable,
Fruit and Vegetable

Thu

#### 18 BREAK DAY

Corn Dog, Chips, Fruit and Vegetable, Dessert

Strawberry PBJ Uncrustable, Chips, Cookie, Fruit

25

Beef Soft Taco, Cheese, Lettuce, Salsa, Fruit and Vegetable

12 Teriyaki Chicken, Brown Rice, Fortune Cookie, Fruit & Vegetable

## 19 **BREAK DAY**Italian Dunker with Marinara Sauce, Dessert, Fruit and Vegetable

26 Chicken and Cheese Quesadilla, Salsa, Fruit and Vegetable

