



Lunch October 2017

Kids get a choice of milk or water each day.

Substitutes will be made for children with allergies.

A La Carte Items

Daily Option:

Cheese & Crackers

Yogurt

Raisins

Fresh Fruit or Vegetable

Bread with choice of

Toppings

Snacks are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
2 Belgian Waffles, Cheese Omelet, Yogurt, Fruit and Vegetable	3 Diced Chicken Breast, Mashed Potatoes (no gravy), Fruit and Vegetable	4 Chicken Nuggets, Tri-Tator, Fruit and Vegetable	5 Cheese Pizza, Fruit and Vegetable	6 Sloppy Joe, Potato Chips, Fruit and Vegetable
9 Chicken and Cheese Quesadilla, Brown Rice, Salsa, Fruit and Vegetable	10 Corn Dog, Potato Smiles, Baked Beans, Fruit and Vegetable	11 Italian Dunker, Marinara Sauce, Cheese Stick, Fruit and Vegetable	12 Chicken Noodle Soup, PBJ Sandwich, Crackers, Fruit and Vegetable	13 Beef Ravioli, Cheese Bread, Fruit and Vegetable
16 Beef and Cheese Nachos, Lettuce, Salsa, Fruit and Vegetable	17 Cheeseburger, Crinkle Cut Fries, Fruit and Vegetable	18 Spaghetti with Meatballs, Garlic or Cheese Bread, Fruit and Vegetable	19 BREAK DAY Hot Dog, Potato Chips, Fruit and Vegetable	20 BREAK DAY Italian Dunker, Marinara Sauce, Cheese Stick, Fruit and Vegetable
23 Cheese Pizza, Fruit and Vegetable	24 Chicken Patty, Mashed Potatoes (no gravy), Fruit and Vegetable	25 Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers, Fruit and	26 Teriyaki Chicken, Brown Rice, Fortune Cookie, Fruit and Vegetable	27 Beef Soft Taco, Lettuce, Cheese & Salsa, Fruit and Vegetable
30 Chicken Breast Strips, Mashed Potatoes, Fruit and Vegetable	31 French Toast Sticks, Sausage Links, Yogurt, Fruit and Vegetable			



Community Ed Snack Menu