



Kids get a choice of milk or juice each day.

Breakfast is subject to change without notice.

Offered daily:
hard boiled eggs
2-3 kinds of fruit
raisins
non-fat yogurt
2-3 kinds of cereal.

Breakfast October 2018

Mon	Tue	Wed	Thu	Fri
1 Breakfast Bread or Breakfast Bars or Poptarts	2 Soft Bread or Toast with a Choice of Toppings (Including Peanut Butter)	3 Breakfast Bites (Sausage/Pancake) with Maple Syrup	4 Hot Breakfast Choices, Mini Waffles, Pancakes or Strudel	5 Smorgasbord Cook's Choice
8 Muffins or Breakfast Bars or Poptarts	9 Soft Bread or Toast with a Choice of Toppings (Including Peanut Butter)	10 Breakfast Bites (Sausage/Pancake) with Maple Syrup	11 Hot Breakfast Choices, Mini Waffles, Pancakes or Strudel	12 Smorgasbord Cook's Choice
15 Breakfast Bread or Breakfast Bars or Poptarts	16 Soft Bread or Toast with a Choice of Toppings (Including Peanut Butter)	17 Waffles with Maple Syrup, Cheese Omelet	18 Hot Breakfast Choices, Mini Waffles, Pancakes or Strudel	19 Smorgasbord Cook's Choice
22 Muffins or Breakfast Bars or Poptarts	23 Soft Bread or Toast with a Choice of Toppings (Including Peanut Butter)	24 Breakfast Bites (Sausage/Pancake) with Maple Syrup	25 Hot Breakfast Choices, Mini Waffles, Pancakes or Strudel	26 Smorgasbord Cook's Choice
29 Breakfast Bread or Breakfast Bars or Poptarts	30 Soft Bread or Toast with a Choice of Toppings (Including Peanut Butter)	31 French Toast Sticks and Sausages with Maple Syrup		



Tiger Kids Club Breakfast Menu